Walk Carroll

with Walk Maryland

Walk with us at **Landon C. Burns Park** across from Carroll Hospital Center after the hospital's Total Health Expo on **October 5, 2014 at 2:30pm**

All ages and physical activity levels are welcome. Free pedometers given to all attendees.

For more information visit:
www.HealthyCarroll.org or
Facebook.com/WALKCARROLL

Walk Carroll
The Partnership
for a Healthier Carroll County

For more information contact:
Victoria Barry at 410-871-7648