The Partnership for a Healthier Carroll County

INDICATOR Indicator is based on the entire population of Carroll County MD, unless otherwise noted	DATA		TREND	Desired trend	TARGET & Target Source CB-HIP SHIP 2014 Healthy People 2020 ACS 2015
	Previous	*Current*			
Obesity					
1. % of adults who are overweight or obese	**68.9**% (2011)	**70.6%** (2012)	↑	Downward	66.1%
2. % of low-income preschool students who are obese	**14.4**% (2010)	**14.6**% (2011)	↑	Downward	11.3%
3. % of adults who consume recommended amounts of fruits/vegetables	**24**% (2009)	**20.6**% (2010)	↓	Upward	25.2%
Diabetes					
1. % of adults with diabetes	**4.8**% (2011)	**11%** (2012)	↑	Downward	10.4%
2. Age-adjusted death rate due to diabetes - rate per 100,000	**13.8** (2011)	**13.1** (2012)	↓	Downward	12
3. Acute admissions and readmissions at **CHC** for diabetes	**1.37%** (2012)	**1.47%** (2013)	↑	Downward	1.25
4. # of individual participants in African-American targeted diabetes outreach/screening and education by **CHC**	Data collection in progress			Upward	25
Heart Disease and Stroke					
1. % of adults with high blood pressure	**26.2**% (2009)	**30.7**% (2011)	↑	Downward	26.9%
2. % of adults with high cholesterol	**36.9**% (2009)	**33.8**% (2011)	↓	Downward	13.5%
3. Age-adjusted death rate due to CVA (stroke) - rate per 100,000	**52.4** (2011)	**46.9** (2012)	↓	Downward	33.8
4. Age-adjusted death rate due to heart disease - rate per 100,000	**175.5** (2011)	**167.3** (2012)	↓	Downward	173.5
Mental Health & Substance Abuse (Behavioral Health)					
1. **Access Carroll** wait times for non-urgent appointments	**15 bus. days** (2012)	**14 bus. days** (2013)	↓	Downward	7 bus. days
2. **Access Carroll** # of unduplicated participants in integrated primary care model	**2,347** (2012)	**2,989** (2013)	↑	Upward	3,050
3. Annual # of **CHC** Emergency Department visits related to Behavioral Health by **Access Carroll** patients	**443** (2012)	**467** (2013)	↑	Downward	410
4. # of patients re-admitted to **CHC** inpatient unit 3+ times / year for Behavioral Health diagnosis	**71** (2012)	**51** (2013)	↓	Downward	50
5. % of adults with self-reported good mental health	**73.6**% (2011)	**75.3%** (2012)	↑	Upward	75.1
6. % of people 12+ who use pain relievers for non-medical reasons	**4.2**% (2008)	**4.1**% (2010)	↓	Downward	4.0%
7. % of adults who smoke tobacco	**21.5**% (2011)	**17.9%** (2012)	↓	Downward	12%
Cancer					
1. % of women 50+ in compliance with mammogram history recommendations of the American Cancer Society	**83.2**% (2010)	**87.3%** (2012)	↑	Upward	90%
2. Breast cancer early stage diagnosis	**84.6%** (2012)	**83.7%** (2013)	↓	Upward	80%
3. % of adults in compliance with colon cancer screening recommendations of the American Cancer Society	**66.4%** (2010)	**79.2%** (2012)	↑	Upward	75%
4. Colon cancer early stage diagnosis	**42.2%** (2012)	**44.8%** (2013)	↑	Upward	38%
5. Skin cancer screening participation	**126** (2012)	**85** (2013)	↓	Upward	132
6. # of people educated on the importance of protective measures against skin cancer	**1,793** (2012)	**2,031** (2013)	↑	Upward	1,883
7. Melanoma incidence - rate per 100,000	**30.1** (2009)	**30.2** (2010)	↑	Downward	24.8
Lack of Exercise (Physical Activity)					
1. % of adults who engage in moderate physical activity *	**29.6**% (2009)	**33.6**% (2010)	↑	Upward	*
2. % of adults who engage in regular physical activity (150 min. moderate or 75 min. vigorous)	**48**% (2011)	**50.2**% (2012)	↑	Upward	47.9%
Access to Health Care					
1. **Access Carroll** # of patient encounters	**5,910** (2012)	**7,473** (2013)	↑	Upward	6,797
2. **Access Carroll** # of volunteer professional provider hours	**11,427** (2012)	**12,233** (2013)	↑	Upward	12,000
3. Value of free prescriptions provided annually via **Access Carroll**	**$1,117,613** (2012)	**$1,294,402** (2013)	↑	Upward **	$1 million
4. Annual # of *non-emergency* **CHC** Emergency Department visits by **Access Carroll** patients	**272** (2012)	**291**(2013)	↑	Downward	258
5. # of **Carroll Health Group** primary care providers	**9** (2012)	**14** (2013)	↑	Upward	15
Elder Health					
1. % of adults 65+ who received a flu shot	**55.2**% (2011)	**79.8%** (2012)	↑	Upward	90%
2. % of adults 65+ with diabetes	**14.2**% (2011)	**23.1%** (2012)	↑	Downward	26.4
3. Acute admissions to **CHC** of adults 65+ for diabetes	**1.13% (**2012)	**1.20%** (2013)	↑	Downward	1.0%
4. % of adults 65+ with high blood pressure	**59.4**% (2009)	**56.5**% (2011)	↓	Downward	26.9%
5. % of adults 65+ with high cholesterol	**48.9**% (2009)	**47.5**% (2011)	↓	Downward	13.5%

KEY TO ABBREVIATIONS

ACS - American Cancer Society
CB-HIP - Community Benefit & Health Improvement Plan
CHC - Carroll Hospital Center
CVA - Cardiovascular Accident
SHIP - State Health Improvement Plan

** - Data for this indicator is no longer collected. Previous data is cited for information only.*

*** - The desired trend for this indicator has reversed due to implementation of the Affordable Care Act.*

- New data added since the last report (December 2013).