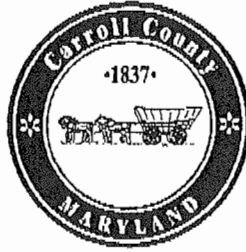


CARROLL COUNTY HEALTH DEPARTMENT

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Dear Dr. :

Thank you for assisting us in reaching your patients who smoke. Carroll County Health Department's Stop Using Tobacco for Life has been successfully offering smoking cessation programs for the past 14 years. As we all know, smoking is a complex behavior, therefore our program focuses on the individual need to develop skills to unlearn the habitual and unconscious part of their smoking habit.

Our program provides both individual and group education and counseling in reference to thinking about and starting to formulate individual quit plans. Our facilitators, also ex smokers, are trained for the sole purpose of educating and aiding in living smoke free lives. These services are FREE to all who participate.

Individuals who actively participate in one of our programs are eligible to receive financial assistance, in the form of vouchers, for the purchase of Nicotine Replacement Therapy (NRT). The NRT vouchers may be redeemed in the amount of \$15 for a one week supply or \$30 for a two week supply of the patch, gum or lozenge, or \$60 toward a one month supply of Chantix. The Maryland Tobacco Quitline 1-800-QUIT-NOW is also available to assist in the quitting process.

Thank you for your interest in making these programs a greater success. If you have any questions, comments, concerns or ideas, please feel free to contact me.

Cordially,

A handwritten signature in cursive script that reads "JaDenna Jones". The signature is written in black ink and is positioned above the printed name.

JaDenna Jones, BS

Tobacco Cessation Programs Coordinator