

SAFEHOUSE - Carroll County's Shelter for Women and Children

If your organization is seeking a short term, worthwhile project that will directly and quickly support traumatized women and children of our community, please consider working with Family & Children's Services and Human Services Program to support the SAFEHOUSE. This list of suggested requests is ever changing. Please contact Connie Sgarlata @ FCS for current needs.

I. Periodic Safehouse needs such as:

- 1. Craft closet supplies**
- 2. Exercise videos/DVD's**
- 3. Exercise equipment**
- 4. Computer and software (games for kids, skills trainings for adults)**
- 5. Person to donate time for: Yoga class, self defense class, meditation class, massages (self care for adults)**

II. Ongoing Safehouse Client Needs While Staying and Upon Discharge:

- 1. Scholarships for athletic involvement at school and recreation councils**
- 2. Scholarships for summer camps**
- 3. Clock radios**
- 4. CD players**
- 5. Gift certificates for hair cuts**
- 6. Gift certificates for restaurants for family celebrations/holidays**
- 7. Gift cards for children's gifts (birthday, graduation, etc.)**
- 8. Bathroom accessories (soap dish, toothbrush holder, shower caddy, toilet paper, tissues, bath towels, toilet brush, toilet paper)**
- 9. Personal hygiene items (tampons, hairspray/gel, lotion, toothbrush/paste, shampoo, body puffs)**
- 10. Kitchen items: oven mitts, kitchen towels, dish rack, paper towels**
- 11. Cleaning supplies**
- 12. Baby items: diaper genie, baby bath wash, baby bath seat, diapers, baby wipes**
- 13. Room fans/heaters**
- 14. Flashlights and batteries**
- 15. Fire extinguishers**
- 16. Trash cans and trash bags**
- 17. Portable file boxes**

III CELL PHONES - Cell phones are a valuable commodity. Used cell phones can be re-configured and given to women to call 911 in an emergency situation. If there is an abundance of phones at any given time, we can send them to a Shelter Alliance (Hopeline Project) where they will reimburse us with money. This financial assistance can then be used to provide for other needs such as transportation vouchers or co-pays for victims without insurance. Family & Children's Services has a collection box in our lobby at all times. This is a very simple opportunity to be of great service to your community.

If you or your organization would like direction in planning how to lend a hand to the residents of the SAFEHOUSE, please feel free to Connie @ 410-876-1233, ext. 228.