

The Progress Report

A Newsletter for Partners and Friends of the
Partnership for a Healthier Carroll County, Inc.
www.healthycarroll.org

Vol. 5, No. 1

Winter 2006

About Progress

The best organizations embrace change. Effective leaders seek change for its invigorating and renewing properties.

We believe The Partnership has a unique role in leading change in our community. To perform that role well, we must ensure our own organization continues to be adaptable, soundly led, sensitive, solid and sustainable. Because The Partnership is community-based, we strive to keep you involved and informed.

To that end, we've launched a strategic planning process under the direction of two Executive Council leaders, Arthur Riley and Karen Feroli. Following a highly participative planning retreat last fall, we are looking closely at five key areas:

Organizational Issues, Growth Initiatives, Community Health Improvement Areas, Community Relations and Financial Management. A comprehensive strategic plan is expected later this spring.

The best organizations also have the best leaders and a solid advanced planning process to anticipate leadership transitions. Skills that the organization needs

must be identified and tied to a well-defined Board/Executive Council development plan. Under the direction of Sally Long and Dr. Alva Baker, the Organizational Development Committee has completed a chart detailing the skills of our current Executive Council members. The result is a clear idea of what is desired in future members and the decision to increase our Executive Council. Thus, three vacancies are open for three-year terms to begin July 1, 2006; the committee is actively recruiting stellar potential leaders.

For further information or to become involved, please contact Tricia Supik at tricia@carrollhospitalcenter.org.

Meet Our Executive Council

Charles Devaud, Executive Vice President, Westminster Union Bank

Alva Baker M.D., Executive Vice President, Episcopal Ministries to the Aging

Karen Feroli, Executive Director, Carroll Home Care & Carroll Hospice

Rev. Gerald Fuss, Pastor, Emmanuel (Baust) United Church of Christ

Arthur Riley, Vice President, Episcopal Ministries to the Aging

Tracy Gilmore, Esq., Bodie Nagle Dolina Smith & Hobbs, PA

Ken Meekins, Chief of Police, Hampstead Police Department

Sally Long, Director of Lifelong Learning & Community Development, Carroll Community College

Sr. Nancy Stiles, Director, Catholic Charities Head Start

Barbara Rodgers, Director Community Outreach, Carroll County Health Department

Robert Wack, M.D., Director, Pediatric Program, Carroll Hospital Center

Tricia Supik, Executive Director and CEO



Community Matters

Faith in Action: Neighbors Helping Neighbors

The Partnership successfully mobilized several local congregations and health/human service agencies to apply for a Robert Wood Johnson Foundation *Faith in Action* grant, resulting in the award of this prestigious grant, a first for our community.



Grant funds will establish a volunteer network desiring to put their *Faith in Action* through helping to meet long-term, non-medical needs of county residents. Faith organization volunteers will provide a range of services including telephone/e-mail reassurance, friendly visits, light household chores/repairs, and transportation.

The seven congregations who pledged

Responding to Interpersonal Violence

Over the past two years, there has been a local focus on interpersonal violence. Through Human Services Programs of Carroll County and Family and Children's Services, the county has a domestic violence safe house for women and children. In addition, the Domestic Violence Coordinating Council and the Local Management Board (LMB) established an annual interpersonal violence education and advocacy program for area leaders and providers.

Under the The Partnership's leadership, the national **Clothesline Project** has been implemented and expanded beyond domestic violence to include bullying and racial, gender and faith-based violence. T-shirts crafted by violence survivors or their family members air society's "dirty laundry" with poignant messages speaking directly to all readers. The Partnership has

their support and commitment to a *Faith in Action* coalition are: Emmanuel (Baust) United Church of Christ, First Presbyterian Church, Grace Lutheran Church, Northwest Community Church of the Nazarene, St. John Roman Catholic Church, St. Matthew's United Church of Christ, and St. Paul's United Church of Christ.

They would like to expand this coalition and are requesting all faith communities to consider this outreach opportunity. Our *Faith in Action* project director will be happy to visit your congregation to present detailed information.

Please contact Rebecca Herman at (410) 871-6372 or rherman@carrollhospitalcenter.org.

collected more than 85 shirts and presents the display and resource information throughout the county.

In December, this movement against interpersonal violence gained another tool, the **Responding to Interpersonal Violence in Carroll County, Maryland** directory. This roadmap to recovery includes lists of agencies, contact information, and specific advice to help abused individuals and their loved ones.

The LMB led the effort to compile this directory, with expert assistance from The Partnership and other local agencies. Please contact the Board at (410) 386-3600 or look on their Internet site, www.carrollfamilies.org, for more information. And to all of those focused on the interpersonal violence issue, keep up the good work!

Spotlight on a Partner

The Local Faith Community

Newsletters to merge

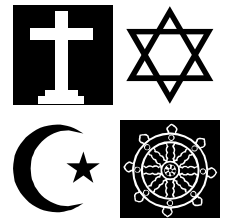
Many will recall the leadership of local faith organizations in establishing the Alliance project, which has successfully connected pastoral leaders of many faiths with each other, with information and a communication network via *The Faith Alliance Newsletter*.



Out of respect for the time constraints of so many, we are merging that publication with the newsletter you are now reading. Please forward information such as events, learning opportunities, and training programs to tricia@carrollhospitalcenter.org for inclusion in future issues of *The Progress Report*.

Interfaith Partnership formed

Following a breakfast meeting in September at the Westminster Senior Activities Center, a group of faith leaders resolved to form an Interfaith Partnership. Chaired by Rev. Marty Kuchma of St. Paul's United Church of Christ, this partnership respects all faith traditions and resolves to foster ecumenism and collaboration. A Partnership staff member will attend, providing information about community building opportunities, upcoming events, and opportunities for service.



For information, contact Rev. Kuchma at (410) 848-5975.

Clergy cancer education series concludes

It was standing room only for the fifth and final session of our Clergy Cancer Education Series held on November 10th. More than 30 ordained and lay ministers from many local congregations attended. Divided into two groups, they embarked on a community plunge to get a closer look at services available to members of their congregations facing a cancer diagnosis and treatment.

The group visited the Carroll County Cancer Center where medical, chemotherapy and radiation therapies are performed; The Women's Place resource center, library and cancer boutique; The Ambulatory Care Center at the Richard N. Dixon

Building where biopsies are performed, and the Community Resource Center located in Carroll Hospital Center's Oncology Unit. Once again, important information was provided by Learning Center staff, The American Cancer Society and the hospital's director of pastoral care services, Chaplain Judy Strayer.



The Clergy Education Series was designed to expand the preparedness and capacity of clergy and lay ministers to support cancer survivors. The series was well received and will surely be repeated sometime in the future. Thanks to all who made this Partnership program so successful.

Kudos To

- Carroll County government for inviting young people to participate in the *Cultivating Concepts* conference. Tapping our young people's potential is an asset-building activity all adults and organizations should practice.
- The Local Management Board for hosting an event to release the new *Responding to Interpersonal Violence in Carroll County, Maryland* directory. Raising



awareness of the issue equals prevention!

- Anverse, Inc., and The Community Foundation of Carroll County for the new Carroll Nonprofit Center building. Providing less expensive office accommodations allows nonprofits to put more resources into service. Thank you!
- The Community Strengths and Needs Assessment committee for leading this important project to conclusion. It was a real relationship-building experience and many lessons were learned by all. Information will be posted on www.healthycarroll.org soon.

Looking Ahead

Mark Your Calendar!

March 9

Symposium on the projected impact of aging on people and communities in the 21st century.

Krug Auditorium at Carroll Lutheran Village

Contact: Tricia Supik, 410-871-6784

April 6, 7, 8

Silent Purse Auction

Proceeds to benefit the Seniors Keep in Touch program

Carroll Arts Center

Contact: Patty Owen, 410-386-3800

May 10

"We're On Our Way"

Annual community forum and meeting of The Partnership.

Martin's Westminster

Contact: Ann Walsh, 410-871-7687

May 11

Hearing Voices/Speaking in Tongues

Play regarding one family's struggle with psychosis.

Carroll Arts Center, 7 p.m.

Contact: Laura Rhodes, 410-871-6373

May 22

Highlighting Business and Organizations

Investing in Diversity

Best Western, 8 am

Contact: Laura Rhodes, 410-871-6373

May 25

Understanding Dementia

Educational program for pastoral caregivers and faith organizations

Carroll Community College

Contact: Becky Herman, 410-871-6372

June 17

Party in the Park

The Partnership's first annual youth fair for youth ages 11 – 18

Westminster City Park, 4-7 p.m.

Contact: Ann Walsh, 410-871-7678

June 20

10th Annual Risky Business prevention program

Best Western Conference Center

Contact: Barb Rodgers, 410-876-4973

For details or registration information for any of the above, visit the community calendar on our Web site at www.healthycarroll.org.

“Creating Healthy Carroll” Campaign

Thanks to the hard work and support of so many, the *Creating Healthy Carroll* Annual Campaign 2005-06 is underway!

Westminster Union Bank established the credibility of our program as the initial Silver level Champion Patron. Their contribution of \$2500 establishes a benchmark for other donors and we are so grateful.



Asher Bartos Advertising agency in Sykesville demonstrated their local community commitment by combining valuable design services and becoming our first Gold level Champion Patron. Their contribution of \$5000 raises the bar yet again. We offer our sincere appreciation to them, as well.



The Carroll County Times, our newest Gold level Champion Patron, recently agreed to support the *Party in the Park* youth fair with \$5000 worth of advertising for the event!



We'd also like to thank everyone who came out to our Pizza Hut fundraiser and those generous donors responding to our fundraising letter.

Upcoming fundraising opportunities include *The Vagina Monologues* at the Carroll Arts Council on February 18 (a portion of the proceeds benefit The Partnership) and sponsorships for *Party in the Park* and our two publications – the Substance Abuse Resource Directory and the Vital Signs Project.



Many other corporate and individual donors are also sending in their support to help us ensure that the work of The Partnership will continue. Please consider adding your support. For more information about these opportunities, contact Laura Rhodes at 410-871-6373 or at LRhodes@carrollhospitalcenter.org.

Announcing our top patrons!

Champion Patrons

Gold (\$5000)

Asher Bartos Advertising
Carroll County Times (Youth Fair Sponsor)

Silver (\$2500)

Westminster Union Bank

Bronze (\$1000)

Top Level Affiliate Patrons

(\$500 Business/\$250 Individual donations)

Gizmos Art
Jaqueline Hering
Todd Herring
Larry Leitch
Sally Long
John Sernulka
Patricia Supik
Robert Wack, M.D.

Working Together

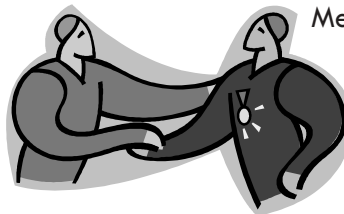
Nominating Neighbors for Recognition

The Partnership is welcoming nominations for two community awards.

The Dr. Janet W. Neslen award recognizes an individual or organization who has made outstanding effort to improve access to healthcare. The Partnership established this award in 2002 in honor of Dr. Janet W. Neslen, a long-term advocate for health care access for the county's uninsured and underinsured residents.

The Outstanding Community Partner award recognizes two individuals and two organizations who made outstanding effort to improve the community's health and quality of life. The Partnership established this award in 2001.

Recipients will be honored at the "We're On Our Way" community forum on May 10. All are invited to attend this event which will include updates on the Partnership's



Community Health Improvement Areas and our recent Healthy Carroll Vital Signs: Measures of Community Health project.

Further criteria can be found on the application which is available on the Partnership website, www.healthycarroll.org, or from Ann Walsh at 410-871-7648.

Please remember: past recipients, Partnership staff, the Executive Council, and the Board of Directors are ineligible.

Dr. Janet W. Neslen Award Recipients

- ◆ 2005 — Spencer Gear
- ◆ 2004 — Rev. Gerald Fuss
- ◆ 2003 — Lou Yeager

Outstanding Community Partner Award Past Recipients

- ◆ 2005 — Safe House, Access Carroll, Project ACES, Clothesline Project, Challenge Report
- ◆ 2004 — Carroll County Food Sunday, Family Health Festival, Minority Health Council's Cancer Awareness Event, St. Joseph's Parish Nursing, St. Joseph's Marketplace
- ◆ 2003 — Core Service Agency, Mona Friedman, Not My Kid, On Our Own of Carroll County, Peace of Mind Festival

Art Sought for Play On Mental Health Issues

The Partnership, the Carroll Hospital Center's Behavioral Health Unit, and Carroll County National Association of the Mentally Ill are sponsoring a one-man play by Michael Mack titled "Hearing Voices (Speaking in Tongues): a different kind of love story". The play will be held on May 11 at 6 pm at the Carroll Arts Council.



Partnership is seeking artwork from mental health providers and consumers to display in the lobby. Artwork from Springfield Hospital Center has already been promised, but we are still looking for more. All artwork will be returned to the artist. If your agency is willing to help us locate art for this educational evening, please contact Laura Rhodes at 410-871-6373, or by email at LRhodes@carrollhospitalcenter.org.

Tickets for the show will be available through Health Access at 410-848-2244.

For the evening of the play, The

Community
Support
Needed



Saturday June 17, 2006
At Westminster City Park
4pm—10pm

11 Longwell Ave
Westminster MD

Party in the Park Includes:
basketball tournament
baseball pitch
mural painting
door prizes
live music
games
food
DJ

**HELP THROW
THE BEST PARTY
OF THE SUMMER!**
SPONSOR AN EVENT
OR CONTEST

The Party in the Park is a day of safe fun for our youth, ages 11-18. It is also a celebration of their skills and talents and a place where they can learn great life skills!

Hosted by:



Featuring:
Battle of the Bands
Art Contest
Car and Truck Show

Proud To Announce!

Ms. Ann M. Walsh has accepted a permanent, full-time Community Health Improvement Manager position with The Partnership. Ann will graduate with her Master of Health Education Degree from Johns Hopkins University this year. She completed her graduate student internship with The Partnership in December 2005 and



is leading the planning efforts for this year's *We're On Our Way* event scheduled for May 10th at Martin's Westminster and *Party in the Park* youth fair on June 17th. In addition, she is currently coordinating our Vital Signs project.

Originally from Frederick, Maryland, Ann and her husband, Greg, enjoy sailing, running, and traveling. Please join us in welcoming Ann Walsh to our community family.

The Progress Report is a quarterly publication of the Partnership for a Healthier Carroll County, Inc., a coalition of individuals and organizations committed to improving the health of individuals and the community of Carroll County. We encourage partners to use this publication to get a healthy message out. Please forward stories, news items, or announcements via email to tricia@carrollhospitalcenter.org or fax to 410-871-6325. All items will be subject to editing.

Patricia A. Supik
Executive Director & CEO

John M. Sernulka
Chairman, Board of Directors

Larry L. Leitch
*Vice Chairman,
Board of Directors*

Charles H. Devaud, Jr.
Chairman, Executive Council

The Partnership for a Healthier Carroll County
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