

**U.S. Centers for Disease Control (CDC)**  
**Summary of 2011 Influenza Vaccination Recommendations \***

- All persons who are 6 months old and older should be vaccinated annually.
- Children aged 6 months through 8 years require 2 doses of influenza vaccine (administered a minimum of 4 weeks apart) during their first season of vaccination to optimize immune response.
- Protection of persons at higher risk for influenza-related complications should continue to be a focus of vaccination efforts as providers and programs transition to routine vaccination of all persons more than 6 months old.

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When vaccine supply is limited, vaccination efforts should focus on delivering vaccination to persons who:

- are aged 6 months--4 years (59 months);
- are aged 50 years and older;
- have chronic pulmonary (including asthma), cardiovascular (except hypertension), renal, hepatic, neurologic, hematologic, or metabolic disorders (including diabetes mellitus);
- are immunosuppressed (including immunosuppression caused by medications or by human immunodeficiency virus);
- are or will be pregnant during the influenza season;
- are aged 6 months--18 years and receiving long-term aspirin therapy and who therefore might be at risk for experiencing Reye syndrome after influenza virus infection;
- are residents of nursing homes and other chronic-care facilities;
- are American Indians/Alaska Natives;
- are morbidly obese (body-mass index  $\geq 40$ );
- are health-care personnel;
- are household contacts and caregivers of children aged <5 years and adults aged  $\geq 50$  years, with particular emphasis on vaccinating contacts of children aged <6 months; and
- are household contacts and caregivers of persons with medical conditions that put them at higher risk for severe complications from influenza.

**FOR MORE INFORMATION about flu**

1. One-stop access to U.S. Government seasonal, H1N1 (swine), H5N1 (bird) and pandemic flu information:  
<http://www.flu.gov>
2. Maryland Department of Health and Mental Hygiene:  
<http://ideha.dhmh.maryland.gov/immun/influenza.aspx>
3. U.S. Centers for Disease Control:  
<http://cdc.gov/flu>



\* Source: U.S. Centers for Disease Control  
<http://www.cdc.gov/flu/professionals/acip/flu-vax.htm>