



ELDER HEALTH RESOURCES

A. Local Resources

▪ **General**

Carroll County Bureau of Aging & Disabilities **410-386-3800**
www.ccgovernment.carr.org/ccg/aging/default.asp

The Carroll County Bureau of Aging is dedicated to providing the highest quality of services, programs and assistance to promote choice, dignity and independence for older adults and those who care for them. The Bureau is responsible for a wide range of programs and services for older adults, age 60 and over. Combined federal, state, and county funding support essential services for Carroll County's older citizens such as: Senior Information & Assistance, Elder abuse prevention & awareness, Guardianship, Transportation, Pharmacy assistance programs, SMP (Senior Medicare Patrol), Income tax assistance, SHIP, Meals (Nutrition), Tax Abatement Programs, Energy Assistance Programs, Long-term Care Ombudsman Program, Legal Assistance, Seniors Keep in Touch Program, Health Screenings, Developmental Disability Program, Senior Care Program, Employment, Nutrition Education & Counseling, Housing Counseling & Education, Older AM Medical Assistance Programs, Caregivers' Support. The BOAD operates five senior activity centers in Carroll County where older adults can receive services and participate in social, recreational, educational, fitness, health, nutritional, and informational activities. Centers are located in Westminster, South Carroll, North Carroll, Taneytown and Mt. Airy.

Maryland Access Point
<http://www.marylandaccesspoint.info>

A link to health and support services. Assess, learn and search for long-term support information and services throughout Maryland.

Maryland Department of Aging **1-800-243-3425**
<http://www.aging.maryland.gov> **410-767-1100**

Protects the rights and quality of life of older persons in Maryland. Information, education, programs and services for older Marylanders and their families that also includes state, federal and private organizations links.

Carroll County Commission on Aging **410-386-3804**
www.ccgovernment.carr.org/ccg/aging/cccoa.asp

The Commission assists the elected officials and the Bureau of Aging in gathering public opinion, providing educational information and supporting senior related events and programs.

Directory of Community Services for Carroll County **410-386-4500 x3139 or x3141**
<http://community.carr.org/>

This directory, maintained by the Carroll County Public Library's Community Information Service, contains information on a variety of non-profit and community organizations based in Carroll County and the region. To locate resources applicable to seniors go to "**Search the Directory**" and type in the *subject* you're looking for in the "**Search for this:**" space. Examples of *subjects* are: senior housing, legal services for seniors, medications for seniors, energy assistance, prescriptions, home health services, home medical services, safety for seniors, low income, veterans, disaster, medical equipment, caregivers, senior travel, newspapers (this is not an all-inclusive list).

AARP, Carroll County Chapter #662

www.aarp.org/states/md/

To help retired persons be informed, active and independent. Service provides educational, social, recreational and volunteer activities. SEE ALSO: **AARP national site** - www.aarp.org

Proaging.com

Online tool for senior-serving professionals to better serve seniors, caregivers, their families.

Seniors Keep in Touch (SKIT)

410-386-3812

Improves the quality of life for eligible isolated seniors through pre-arranged daily telephone contacts allowing more people to age in place. Calls are made to each registered person five days a week between the hours of 8:00 am and noon.

Senior Provider Information Network (SPIN)

410-386-3800

www.carrollcountyspin.org

Fosters communication and cooperation among the providers of geriatric services with the goal of facilitating access to resources and decreasing gaps in service. Meetings are held the third Wednesday of the month at the Westminster Senior Center.

Social Security

1-800-772-1213

www.socialsecurity.gov

Westminster Office – 115 Airport Drive, Suite 108, Westminster, MD 21157

Administers Social Security programs (retirement, survivors, disability) and Medicare enrollment.

▪ **Caregiver Support**

Alzheimer's Association, Greater Maryland Chapter

24/7 Helpline 1-800-272-3900

www.alz.org/maryland

To enhance care and support for individuals, their families, and caregivers. Offers supportive services that include a 24-hour telephone helpline, support groups, a safe return program, a family care program, a respite program, and an early stage memory loss program.

National Family Caregivers Support Program

410-386-3800

<http://ccgovernment.carr.org/ccg/aging/services.asp>

Provides service information to caregivers, information and referrals to community programs, support groups, training, respite care to temporarily relieve caregivers of their duties, and supplemental care services. This program is also open to grandparents or other relatives over the age of 60 caring for a child under 18, or those caring for individuals over the age of 60.

www.Caregiver.com

A provider of information, support and guidance for family and professional caregivers.

www.Caregiverstress.com

Care for yourself while caring for an aging loved one.

www.Ourparents.com

OurParents is a free and unbiased service focused on helping families with aging parents find the best senior care solution that meets their loved one's unique needs, be it an in-home caregiver, an assisted living facility, or a nursing home.

ALSO SEE: Education -The Copper Ridge Institute, www.crinstitute.org

- **Education**

Carroll Community College**410-386-8000**

www.carrollcc.edu

Senior Adults at Carroll provides courses and events for adults age 60 and over.

CCC/Random House Book Fair Senior Activity Day is held in March every year.

Carroll County Public Library**410-386-4500**

www.library.carr.org

Promotes lifelong learning and lifelong enjoyment. Offers computers for public use that includes internet accessible and Microsoft Office software. Offers a wide variety of materials including books, magazines, audiocassettes, CDs, DVDs, feature and instructional videos, large type books and MP3 format, and research resources. Adult programs and instructional workshops on a wide range of topics such as: poetry, alternative energy sources, flower arranging, blogging, genealogy, Sudoku, writer's groups, author lectures and book signings, book discussion groups and programs to share with grandchildren.

Library Link Service to Seniors Program**410-386-4450 x 7732**

A volunteer-based program that brings library material (large print books, books on tape, music, videos, magazines, picture-type books) to residents of nursing homes, assisted living homes, adult day care centers, retirement communities, Meals on Wheels clients, and the homebound to enhance the quality of life and to encourage lifelong learning and lifelong enjoyment. Also houses a large collection of professional activity material to lend to senior facility staff to conduct programs for their residents. Volunteer opportunities available.

McDaniel College

www.mcdaniel.edu

410-386-4609 or 410-386-4618**The Center for the Study of Aging**

www.mcdaniel.edu/csa

Degree and continuing education opportunities for graduate and undergraduate students, service providers, community leaders, policy makers, and others interested in the field of aging.

The Copper Ridge Institute**410-552-3218 or 410-795-8808 x1141**

www.crinstitute.org

Affiliated with the Johns Hopkins University School of Medicine, provides education and training in dementia care to family caregivers and healthcare professionals.

ALSO SEE: Caregivers - Alzheimer's Association, Greater Maryland Chapter,
<http://www.alzgmd.org>

- **Employment**

Carroll Works - Carroll County Business & Employment Resource Center 410-386-2820
<http://www.carrollworks.org>

Employment counseling, career guidance, job search techniques, skills upgrade training, test preparation, remedial education, and job placement assistance.

- **Health Care & In-Home Services**

Carroll Hospital Center 410-871-7000
<http://www.carrollhospitalcenter.org/senior-health>

When it comes to aging, medical care isn't the only service that seniors may need. Great health education programs, lifestyle management seminars and support groups are also important. Carroll Hospital Center is excited to offer an array of senior health and wellness programs to help you maintain an active, healthy lifestyle throughout your golden years. Provides a variety of services to community members to help them with their health care as they embark on their senior years. Offers a multitude of medical specialists from orthopedics and internal medicine physicians to gerontologists and urologists. A full range of the latest minimally invasive surgical techniques, for a variety of surgical needs, is available. Also, an inpatient unit for geriatric patients to meet their special needs. To help patients manage their health, support services such as health and wellness programs for seniors are offered and open to the public.

Access Carroll 410-871-1478
<http://www.accesscarroll.org>

Provides health care to the uninsured of Carroll County.

Carroll County Health Department 410-857-5000
www.carrollhealthdepartment.dhmd.gov/

To protect the public health of the community, to assure access to health care, and to promote and encourage healthy behaviors.

AERS – Adult Evaluation & Review Services 410-876-4949
http://www.carrollhealthdepartment.dhmd.gov/healthserv/healthserv_sub1.html

AERS provides assistance to disabled adults, twenty one years or older, and frail, elderly adults at risk of needing skilled, nursing home, level of care. AERS completes a comprehensive evaluation and identifies services available to help the individual remain at home or in the least restrictive, most appropriate community setting and at the highest level of independence and well being.

Maryland Department of Health & Mental Hygiene 877-463-3464
www.dhmd.gov/seniors/

Information for seniors over 50 on Adult Care & Planning, health care: flu information, Medicaid long-term care services, Medicaid waiver program, primary care and rural health, chronic disease prevention, Medicare Part D Pharmacy.

Carroll Home Care **410-871-8000**

www.carrollhospitalcenter.org/home-care

Provides home care to community residents using a plan of care developed collaboratively with the primary physician, patient, family, and staff. Services include skilled nursing care, infusion therapy, maternal/child health services, home health aides, and physical, occupational, and speech therapy.

Catastrophic Health Planners, Inc. **410-871-0751**

<http://www.chpl.org>

Provides free support through educational development, information on financial planning, legal, medical and accounting advice, and counseling referrals to those facing a catastrophic health event.

Community Home Health of Maryland **410-356-1600**

Medicare-certified program provides comprehensive, high quality medical care to Medicare patients; physical, occupational, and speech therapies; home health aides, and medical social workers.

Home Call, Inc. **410-848-5379**

<http://www.homecallinc.com>

Medicare-certified home health agency offers skilled nursing, physical, speech and occupational therapy, medical social services and home health aides.

Lutheran Home Care Services **410-751-2429**

<http://www.lutheranhomecare.org>

Medicare-certified home health agency. Services available in the client's place of residence include: skilled nursing care, certified home health aide services, comprehensive rehabilitation services, medical social services.

MedStar Health Visiting Nurse Associates **1-800-862-2166**

<http://www.medstarhealthvna.org>

Licensed and certified home health services include skilled nursing care, home health aides, speech, physical, and occupational therapy.

Right at Home In-Home Care and Assistance **410-871-9804**

www.rightathomenet

Provides trained, certified, insured, and bonded caregivers for a variety of care giving needs for as little as a 1 hour a day up to 24 hours a day, seven days a week. Services include companionship, meal preparation, light housekeeping, transportation, medicine reminders, bathing, dressing, transfer assistance and much more.

Rosner Healthcare Navigation **410-591-6378**

www.rosnerhealthcarenavigation.com

Offers care management, patient navigation and patient advocacy to help you locate those which best meet your individual and financial needs which include health assessments, home safety assessments, emotional support, level of care placement options, liaison to both family and medical staff.

Visiting Angels**1-800-365-4189**www.visitingangels.com

Companion care and personal care services are designed to take over or assist in the activities that elders need to be able to stay at home safely and with dignity. These may include fall prevention, medication and fluids reminders, light housekeeping, grooming or bathing assistance and running errands.

Family and Children's Services of Central Marylandwww.fcsmd.org**West End Place Elder Services****410-840-0406****Westminster Counseling Office****410-876-1233**

Provides medical adult day care at West End Place and In-Home Aide Services throughout Carroll County. In-Home Services include personal care, housekeeping, laundry, grocery shopping and caregiver respite.

- **Home Services**

Caring Carroll**410-775-5596**www.Caringcarroll.org

Volunteers provide non-professional services to adults of any age who are chronically ill, disabled, or older, frail and isolated. Services include: friendly visits, reading, yard work, minor home repairs, transportation, errands, light housework, grocery shopping, relief for long-term caregivers, telephone reassurance, occasional light meal preparation, etc. Volunteer opportunities available.

A Clear Path**410-386-3800**

Organized by the Bureau of Aging & Disabilities this program recruits volunteers to provide assistance with snow and ice removal for isolated older adults, age 60 and over, and individuals with disabilities, age 50 and over who live in Carroll County. Volunteer opportunities available.

- **Hospice**

Carroll Hospice**410-871-8000**www.carrollhospice.org

To enhance the quality of life of patients with life-limiting illnesses, and to provide bereavement support to patients' families. Offers supportive care, pain and symptom management, and bereavement support. Care can be provided at home, at an assisted living facility, or in a nursing home. Carroll Hospice operates an inpatient facility, Dove House, available for hospice care. Volunteer opportunities available.

Gilchrist Hospice**443-849-8200**www.gilchristhospice.org

Provides comfort oriented care with a holistic approach aimed at achieving comfort throughout the progression of the illness. Members of the hospice team work closely together to provide services including medical care, nursing care, social work, home health and volunteer assistance, as well as spiritual and grief counseling and support.

Hospice & Palliative Care Network of Maryland 410-729-4571
www.hnmd.org

Non-profit organization to promote quality end-of-life care acts as an advocate for individuals and families facing the myriad of physical, psychological, spiritual and practical challenges associates with a life-limiting diagnosis, prognosis and with bereavement.

Stella Maris Hospice 410-252-4500
www.stellamarisinc.com

Provides spiritual, mental, emotional and physical care to the patient, their loved ones and other caregivers either at home or in their inpatient hospice unit.

- **Housing**

Housing Options in Carroll County 410-386-3800
<http://ccgovernment.carr.org/ccg/aging/docs/housing/Facilities.pdf>

A complete listing of senior housing options: private apartments, age restricted communities, continuing care retirement communities; senior subsidized housing, along with independent senior communities in Carroll County can be found at the Bureau of Aging & Disabilities website under *Aging and Disabilities Services*.

- **News Media**

WTTR- AM 1470 Radio 410-848-5511
www.wttr.com

Local news, community information, music of the 50's, 60's, and 70's, Sunday church services, public affairs, health matters.

Carroll County Times 410-848-4400
www.carrollcountytimes.com

Local news, community information, people, sports, entertainment, features.

Guide to Retirement Living 1-800-394-9990
www.retirement-living.com

A publication that provides a guide to services for seniors and their families in Maryland that includes: resources, housing options, legal/financial issues, help for families, continuing education, aging in place and featured articles.

Radio Reading Network of Maryland 410-779-4969
www.radioreadingnetwork.org

Reads current newspapers and magazines over closed-circuit radio to visually and physically impaired Maryland residents. The network broadcasts 24 hours a day, seven days a week. Annual fee \$50; full/partial fee waivers available.

- **Nutrition**

Meals on Wheels 410-857-4447
www.mealsonwheelsmd.org

Provides meals to homebound persons of any age or economic status who are unable to shop or prepare meals for themselves. Volunteer opportunities available.

Carroll County Food Sunday**410-857-7926**www.ccfoodsunday.org

To collect food and money to buy food, and make it available to people who are hungry. Volunteer opportunities available.

Carpenter's Table**410-756-2500**

Provides a community meal each Thursday for the elderly, disadvantaged, working poor, or anyone in the Taneytown/Northwest C.C. area. A clothing bank and medical assistance also available.

Shepherd's Table**410-857-5944**<http://www.shepstaff.org>

A program of Shepherd's Staff the Friday Soup Kitchen is served at the Westminster United Methodist Church, Thanksgiving Day dinner is served at St. John Roman Catholic Church, and emergency meals are available.

Eat Smart, Be Fit Marylandwww.eatsmart.umd.edu

Information on how to live healthy: planning meals, recipes, eating on a budget, grocery specials, managing your food money, ask an expert.

- **Driving**

AARP Driver Safety Programwww.aarp.org/drive

Learn current rules of the road, defensive driving techniques, and how to operate your vehicle more safely in today's increasingly challenging driving environment. You'll also learn adjustments to accommodate common age-related changes in vision, hearing, and reaction time. Offers local classroom or online instruction.

CarFitwww.car.fit.org

Trained technicians lead senior drivers through a 12-point checklist with their vehicle, recommend personal vehicle adjustments and offer community specific resources that could make their personal "fit" better or enhance their safety behind the wheel. Occupational therapists provide information to older drivers on how to maintain and strengthen driving health.

- **Recreation & Travel**

Carroll County Bureau of Aging & Disabilities**410-386-3800**www.ccgovernment.carr.org/ccg/aging/default.asp

Operates five senior activity centers in Carroll County where older adults can receive services and participate in social, recreational, educational, fitness, health, nutritional, and informational activities. Centers are located in Westminster, South Carroll, North Carroll, Taneytown and Mt. Airy.

Carroll County 4-H/FFA Fair**410-848-FAIR**www.carrollcountyfair.com

Senior Citizens Day Senior Citizen Exhibits and Judging, social, grandparent essay contest, entertainment.

Library Link Service to Seniors

410-386-4450 ext. 7732

www.library.carr.org

A volunteer-based program that brings library material (large print books, books on tape, music, videos, magazines, picture-type books) to residents of nursing homes, assisted living homes, adult day care centers, retirement communities, Meals on Wheels clients, and the homebound to enhance the quality of life and to encourage lifelong learning and lifelong enjoyment. Also houses a large collection of professional activity material to lend to senior facility staff to conduct programs for their residents. Volunteer opportunities available.

Therapeutic Recreation Council

410-386-2103

www.ccgovernment.carr.org/ccg/recpark/rec-coun.asp

To meet the recreational and leisure needs of the physically, mentally, and emotionally disabled. Programs for seniors include: water therapy, recreational games, art and music therapy.

Seniors in Action Recreation Council

410-386-2103

www.ccgovernment.carr.org/ccg/recpark/rec-coun.asp

Plans programs and recreational opportunities for active, independent seniors throughout Carroll County. Guest speakers, special programs, sightseeing trips, tours, and dinner theaters. Ages 55+.

- **Safety**

Carroll County Department of Social Services

410-386-3300

www.dhr.state.md.us/carroll.htm

Protects vulnerable adults at risk of abuse, neglect/self-neglect, or exploitation.

Carroll County Triad/SALT Council

410-386-2900

www.ccgovernment.carr.org/ccg/sheriff/triad.htm

Develops and implements effective crime prevention and education programs for older community members. Provide activities which center on prevention of victimization and victim assistance services. Discusses crime related matters and various activities in neighborhoods that are a concern to their residents.

ALSO SEE: General - Seniors Keep In Touch (SKIT), 410-386-3812

- **Special Occasions (Birthday/Anniversary)**

Gubernatorial Greetings email: dshuman.gov.state.md.us

Receive a note of congratulation from the governor to those celebrating their 60th or subsequent birthday or to couples marking milestone anniversaries (25th, 30th, 50th, +).

Presidential Greetings www.usgovinfo.about.com/cs/consumer/a/greetings.htm

The White House will send greeting cards signed by the President of the United States to commemorate special events, accomplishments or milestones free of charge to U.S. citizens.

▪ **Transportation**

CATS – Carroll Area Transit System **410-857-0884**

www.carrolltransit.org

Provides safe, efficient, affordable, customer-friendly community transportation to ensure mobility for the residents of Carroll County.

Butler Medical Transport **888-602-4007**

www.butlermedicaltransport.com

Provides basic life support ambulance service, advanced life support transport service, specialty care transportation, ambulatory and wheelchair transportation.

Blue Blazes, Inc. Mobility Services **410-871-2583**

www.blueblazesinc.com

Non-emergency transportation services for those who in need of transportation to maintain their everyday schedule. Services provided for anyone with mobility needs including: wheelchairs, walkers, unsteady on their feet, prone to falling, injured, etc.

B. National Resources

AARP **888-227-7669**

www.aarp.org

A nonprofit, nonpartisan membership organization for people age 50 and over dedicated to enhancing quality of life for all as they age. AARP leads positive social change through information, advocacy and service.

Active Forever **800-377-8033**

www.activeforever.com

Helpful products for independent living.

Aging issues and elder care

www.helpguide.org/elder

Aging Parents and Elder Care

www.aging-parents-and-elder-care.com

Information for caregivers and seniors.

Alzheimer's Association – National Site www.alz.org

The leading voluntary health organization in Alzheimer care, support and research.

SEE ALSO: **Alzheimer's Association, Maryland Chapter** – www.alz.org/maryland

American Cancer Society **800-ACS-2345**

www.cancer.org

ACS is committed to fighting cancer through balanced programs of research, education, patient service, advocacy, and rehabilitation.

American Lung Association**800-548-8252**www.lungusa.orgMaryland Chapter: **410-560-2120**

Information on lung diseases, asthma, tobacco control, environmental health, research and professional education, advocacy programs, multicultural programs, communications programs. Also in Spanish.

American Society on Aging**800-537-9728**www.asaging.org

The largest organization of multidisciplinary professionals in the field of aging. Resources, publications, and educational opportunities are geared to enhance the knowledge and skills of people working with older adults and their families.

Arthritis Foundation**800-283-7800**www.arthritis.orgMaryland Chapter: **800-365-3811**

To improve lives through leadership in the prevention, control and cure of arthritis and related diseases.

Caring Connections**800-658-8898**www.caringinfo.orgSpanish: **877-658-8896**

A program of the National Hospice and Palliative Care Organization to improve care at the end of life.

Elderhostelwww.roadscholar.org

Provides learning opportunities through educational and cultural institutions worldwide for individuals age 55 and older.

Family Caregiver Alliance National Center on Caregiving**800-445-8106**www.caregiver.org

Uniting research, public policy and services, the NCC serves as a central source of information on caregiving and long-term care issues for policy makers, service providers media, funders and family caregivers throughout the country. Services include: Caregiver Alerts/State & National Policy Initiatives, Caregiver Information & Assistance, Research & Publications, Technical Assistance, Training.

Gold Violin**877-648-8400**www.goldviolin.com

Helpful products for independent living.

Healthy Aging Campaignwww.healthyaging.net

A national ongoing health promotion designed to broaden awareness of the positive aspects of aging and to provide information and inspiration for adults, age 50+, to improve their physical, mental, social, and financial fitness.

Helpguidewww.helpguide.org

Articles and resources on mental health, healthy lifestyle, seniors and aging.

Life Solutions Plus**877-785-8326**www.lifesolutionsplus.com

Helpful products for independent living.

Mayo Clinicwww.mayoclinic.com/health/senior-health/HA99999

Information on aging, living longer, living healthy, health care decisions.

National Aging in Place Council**202-939-1784**www.naipc.orgBaltimore Chapter **888-570-6565**

A senior support network membership organization with a national forum for individuals from the aging, healthcare, financial services, legal, design and building sectors to work together to help meet the needs of our growing aging population, so they can continue living in the housing of their choice. Sponsors Aging in Place Week held every October.

National Center on Elder Abuse**302-831-3525**www.ncea.aoa.gov

A gateway to resources on elder abuse, neglect, and exploitation.

In Maryland: To report suspected elder mistreatment in the home call **1-800-917-7383**. To report suspected abuse in a nursing home, call **1-877-402-8219** or **410-402-8201** Maryland Department of Health and Mental Hygiene, Office of Health Quality.

National Council on Aging**202-479-1200**www.ncoa.aoa.gov

Programs help older people remain healthy and independent, find jobs, increase access to benefits programs, and discover meaningful ways to continue contributing to society.

National Family Caregivers Association**800-896-3650**www.thefamilycaregiver.org

The National Family Caregivers Association educates, supports, empowers and speaks up for the more than 65 million Americans who care for loved ones with a chronic illness or disability or the frailties of old age. NFCA reaches across the boundaries of diagnoses, relationships and life stages to help transform family caregivers' lives by removing barriers to health and well being.

National Hispanic Council on Aging**202-347-9733**www.nhcoa.org

The National Hispanic Council on Aging is dedicated to improving the lives of Hispanic older adults, their families, and their communities.

National Indian Council on Aging**505-292-2001**www.nicoa.org

To improve the health and social services for American Indian and Alaska Native Elders.

National Institute of Healthwww.nihseniorhealth.gov

Senior health information developed by the National Institute of Aging and the National Library of Medicine.

Senior Driving Information

www.nhtsa.dot.gov/people/injury/olddrive/Driving%20Safely%20Aging%20Web/
Driving Safely While Aging Gracefully.

www.granddriver.info

Driver refresher courses, driver rehabilitation specialists, alternative transportation options, family resources, older driver facts.

www.SeniorDrivers.org

Tips and guides on staying safe on the road, "Giving Up Keys" for families and individuals - planning for that time when driving is no longer a viable alternative.

"Providers" is a section meant specifically for providers of senior supplemental transportation systems. "Researchers" shows some of the current and past research addressing aging and mobility. CarFit brochure to maximize the comfort and control of the vehicle you drive. Current tools: which will assess your driving skills and areas for improvement: Roadside Review, DriveSharp Calculator, and Driver 65+.

Spirituality, Prayer, Healing

www.helpguide.org/life/spirituality_prayers.htm

Building strength through faith.

USA.gov

800-333-4636

www.usa.gov/Topics/Seniors.shtml (Also in Spanish and other languages)

Information, services and resources from the U.S. government for seniors. Consumer protection, education/jobs and volunteerism, end-of-life issues, federal and state agencies, health, housing, laws & regulations, money & taxes, retirement, travel & recreation.

U.S. Food & Drug Administration

800-216-7331

www.fda.gov/oc/seniors/ (Also in Spanish)

FDA's information for older people covers a wide range of health issues, including arthritis, cancer, health fraud, and nutrition.

White House Conference on Aging

www.whcoa.gov

Develops recommendations for additional research and action in the field of aging and aging policies in the country.

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For further information or to suggest additions or corrections, contact:

The Partnership for a Healthier Carroll County, Inc.

Phone: 410-871-7645

Email: ThePartnership@HealthyCarroll.org