

# Create a Healthy Bottom Line Through Wellness

Set up a worksite wellness program for your business or organization today!

Learn step by step from a seasoned instructor how to build Senior Level Support for the program, create wellness teams, develop programming and incentives, how to measure and evaluate program success through data and how to provide a supportive environment for the program. *Instructor: Sarah Frazier, Frazier Fitness*

*Course #: AHE-178*

*Cost: \$99*

***Thu., Oct. 14 – Nov. 18, 2:30 – 4:30 PM (6 sessions)***

*Carroll Community College*



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