

L.E.A.N. Carroll

A family approach to healthy weight

*Awards Ceremony to Recognize Nutrition Partners
and Health Partners Registry Members*

April 12, 2008 – 9:30 a.m.

Carroll County YMCA

The Partnership for a Healthier Carroll County's Childhood Obesity work group has organized the **LEAN Carroll** Campaign to address childhood obesity concerns in the Carroll County community. Information about resources and services are provided to help children and families reach and maintain healthy weight through Lifestyle, Education, Activity, and Nutrition.

The **LEAN Carroll** Campaign will kick off as part of the opening festivities of the **YMCA's Healthy Kids Day** on April 12, 2008 at 9:30 a.m. Our shared challenge is to activate adults, families and individuals in Carroll County to become health seekers. Troy Weaver, Vice-President of Health and Wellness, YMCA of Central Maryland, will be the Master of Ceremonies and will be motivating all members of the community to get involved. It is appropriate that **LEAN Carroll** is introduced to the community as YMCAs across the country are celebrating Healthy Kids Day with an invitation that people across our country actively choose to establish "Healthy Family Homes" and Healthier Communities.

Sister Nancy Stiles, Partnership Executive Council Member and Dot Fox, Partnership Community Health Improvement Director will award certificates and tokens of appreciation to partners for their commitment to addressing childhood obesity in Carroll County. Students from The Taneytown Dance Center under the direction of Kim McCord-Golliday will perform for those in attendance as our "Call to Action." The event will be held in the pavilion at the YMCA at 1719 Sykesville Rd, Westminster, MD 21157. The best parking for the event will be in the temporary lot next to the sports fields at Carroll Community College. Just a short walk up the hill and you are there.

For more information contact Dot Fox at the Partnership for a Healthier Carroll County, Inc. at 410-871-6373 or dlfox@carrollhospitalcenter.org.

Please come and join us in this exciting event! **Thank you!**

The Partnership for a Healthier Carroll County's **L.E.A.N. Carroll** Campaign Members

