

21st Annual Maryland's Largest Baby Shower in Carroll County

Saturday, March 27, 2010

9:45 a.m. – 2:30 p.m.

Location: Best Western
Catering and Conference Center
451 WMC Drive, Westminster, MD

Event Includes:

- Exhibits on prenatal and child health, parenting and more
- Prizes for mom, dad and baby
- Expert guest speakers
- Lunch

Cost: Free for pregnant women • Guests \$20 (one guest per person)

Speakers:

Larry L. Leitch, M.A., M.P.A.
Health Officer, Carroll County
Health Department

Kwadwo Baryeh, M.D.
OB/GYN
Topic – “Delivery & Postpartum
Care, What to Expect”

Robert Wack, M.D.
Pediatrician
Topic – “Infant Care and
Development”

Lisa Coleman, M.S., R.D., L.D.N.
Nutritionist – Martin’s Food Market
Topic – “Healthy Ideas for You &
Your Family”

Kim Spangler,
Director of Health Education
Carroll Co. Health Dept.
Topic – “Precious Cargo –
How Should Baby Travel?”

Funded by:



Carroll County
Health Department

A joint effort of the Maryland State Department of Education Office of Child Care and the Family Support Center at the Human Services Programs of Carroll County, Inc. **You MUST pre-register to attend this event. No walk-ins allowed. Priority will be given to Carroll County residents.**

Please complete the following information. Registration must be received by Wednesday, March 17, 2010
No smoking permitted. No refunds. Please do not bring children with you.

Name _____ Due Date _____

Address _____ City _____ State _____ Zip _____

County of Residence _____

Phone (Day) _____ (Evening) _____

Guest Name (\$20) _____

Amount Enclosed _____

Make check payable to Carroll County Health Department
Mail to: Carroll County Health Department • “Baby Shower” • P.O. Box 845 • Westminster, MD 21158
For more information, call 410-876-4825 or 410-876-4922.

Official use only: Payment Received Date _____ Initials _____