

Best Beginnings

A program for eligible uninsured, pregnant women

All women deserve the best early care for themselves and their unborn babies. Prenatal care begun in the first three months of the pregnancy reduces complications for both the mother and child. For women without health insurance, getting early prenatal care can be a challenge.

Carroll Hospital Center, our community obstetricians and the Carroll County Health Department want to help. Best Beginnings is a team effort to provide high-quality prenatal, labor and delivery, and in hospital newborn care at an affordable cost. Participants receive the full range of prenatal services, including:

- Office visits with their private obstetrician
- Lab work
- Ultrasound and non-stress tests

(Please note: Best Beginnings does not cover high-risk obstetrics care, extended hospital stays for newborns or community pediatrics services.)

Eligibility

Pregnant women without medical insurance who meet income guidelines are eligible for this program.

Enrollment: Here's how it works in four easy steps:

1. Call the Carroll County Health Department at 410-876-4956 for an appointment.
2. After verifying the pregnancy, health department staff will set up an appointment for the expectant mother with a Carroll Hospital Center financial counselor. The health department also will provide information about other helpful programs. (WIC, Healthy Start, etc.)
3. Hospital financial counselors will work with the expectant mom to develop a payment plan based on household income and other financial factors.
4. Best Beginnings participants will then be sent to a participating doctor.

Make sure your baby has a *Best Beginning*, call 410-876-4956.



Note: If English language is a problem, please try to have an English speaker accompany the mother.

Best Beginnings is a partnership effort, designed to address an access to health care issue in the Carroll County community. The services provided by Carroll Hospital Center are a part of the hospital's community benefit commitment.